

RULES (Cont.)

Any player, coach or spectator who assaults a referee (touching, hitting, shoving, bumping, spitting etc.) will be suspended from PYSA activities for life. Any player or coach that damages the referees equipment (kicking the referee's bag or breaking the flags etc.) will be suspended for a minimum of one year. Please note if a physical assault takes place against a referee the proper authorities may be called by the referee. A formal appeal to PYSA may be requested via the email below

executivedirector@portlandyouthsoccer.com.

For U9 – U14 games, PYSA will assign a center referee to all league games. If for any reason a referee does not show up for a scheduled game, it is the responsibility of both coaches to select an adult to referee the game.

If the game starts late for any reason, the time lost shall be deducted evenly from both halves so following games can start on time.

Finally, our goals for all PYSA Players

- ✓ Provide opportunities for youth to play and have fun.
- ✓ Teach soccer skills and understanding of the game.
- ✓ Teach the rules of soccer.
- ✓ Foster sporting conduct and team play.
- ✓ Promote the game of soccer in our community.
- ✓ Organize and facilitate inter-club play for youth players.
- ✓ Provide positive and instructive coaching.
- ✓ Provide certified referees.
- ✓ Provide safe and drug-free practice and game environments.
- ✓ Ensure that everyone plays at least 50% of every recreational game.
- ✓ Form recreational teams that include all levels of skills and abilities.
- ✓ Inform players of opportunities for more competitive, classic play.
- ✓ Allow all youth to participate.

Age	Grade	Format	Minutes Played
U9 & U10	3rd & 4th	7V7	50
U11 & U12	5th & 6th	9V9	60
U13 & U14	7th & 8th	11V11	70

Age	Recommended Field Size	Ball Size	Goal Size Feet
U9 & U10	55 x 40 Yards	4	6' x 18'
U11 & U12	70 x 50 Yards	4	8' x 24'
U13 & U14	110 x 70 Yards	5	8' x 24'

Equipment	Practices	Games
Soccer Shoes	Yes	Yes
Shin Guards	Yes	Yes
Water Bottle	Yes	Yes
Uniform	No	Yes
Soccer Ball	Yes	Yes
Jewelry	No	No
Casts	No	No

Parents and Team Seating Area

Please note that ALL Parents from BOTH teams are to sit on one sideline (the same sideline) and ALL PLAYERS FROM BOTH teams on the other sideline. When the fields are adjacent, the parents are NOT to stand in BETWEEN game fields where players are. This rule is to allow the coaches to properly manage the players and the game at all times by only having the players on their sideline.

All chairs, etc. MUST be set back 3 to 4 feet from the sideline for player safety.



For more on the Laws of the Game, scan here



To find PYSA on Facebook scan here

PYSA Hotline: 503-799-2991

Questions or concerns, please email PYSA executivedirector@portlandyouthsoccer.com

Informational Brochure For Coaches and Parents

Ages U9 - U14



PYSA Mission

To provide the youth of Portland area communities with the opportunity to experience the joy and thrill of soccer in a player centered environment. The main focus is on FUN and DEVELOPMENT with age appropriate training & coaching where all players are given the opportunity to compete. We strive for players to develop good sportsmanship skills, individual and team skills, self-esteem, leadership and life skills. In short, PYSA strives to provide an enjoyable, developmental, and appropriate soccer environment for all players, coaches, and parents.

Visit our website www.portlandyouthsoccer.com to find information on schedules, field locations, tournaments, coach education courses, referee training and other programs and services provided by PYSA.

Some thoughts going forward for Coaches

You have taken this responsibility to coach a team this season, and we thank you. You are about to become one of the most important and influential people in a child's life other than possibly your own child. The next few weeks, seasons or years you have an opportunity to help shape a child's view on sports and life. How you handle winning, losing and conflict will have an enormous impact on shaping how they will handle the similar situations later in life. PYSA believes strongly that we can provide a competitive environment while still showing respect for the game and others no matter the outcome.

We thank you for taking the time to help coach your team, because only with your selfless volunteer effort is it possible that our youth community has an opportunity to play. THANK YOU!



PORTLAND YOUTH SOCCER ASSOCIATION



PYSA RULES for U9 to U14

The rules of soccer are set forth in a document called the Laws of the Game. PYSA follows these rules except for modifications that have been made to account for the recreational spirit of our league and the age of our players. For example **PYSA strictly prohibits slide tackling for any and all age groups.** If you have any questions about how these rules apply, please contact your coach, member club management, or PYSA directly to get a clear explanation. We owe it to our children and our community that we provide a quality soccer experience at every age level.

Registered Players

All players and coaches participating in PYSA games, practices and events must be registered with the PYSA.

Age

All players must play on a team that is proper for their grade in school. Children with a special need to play on a team younger than their grade must apply for - and be granted - a special waiver from PYSA. Players may play up no more than one year - no exceptions.

50% Playing Time Rule

All players are entitled to play at least one half of each game (50%) for which they suit up. PYSA understands that sickness, injury, failure to make practice or disciplinary action, may be cause for an individual to play less than the mandated playing time.

Code of Conduct

PYSA considers good conduct by coaches, parents and children to be an extremely important part of the soccer program. The referee is responsible for calling the game, but the coach is responsible for the behavior of his or her parents and team members.

Rosters

A player roster must be signed by the coach acknowledging that only children registered with PYSA are to participate in any given game. A signed copy of your roster must be given to the referee prior to the start of the match. Teams may borrow players only from other PYSA registered teams, no exceptions.

Jewelry

No earrings, watches, rings, necklaces, bracelets, wristbands, casts, beads in the hair etc. may be worn during game play and should not be worn during practice. Hair bands must be elastic.

Two Adult Rule

At least two adults must be present at all PYSA sponsored activities including team practices. All volunteers working with players must have consented to, and passed, a criminal background check. No child should ever be alone with an adult. Bathroom breaks etc. should be with one or more adults and two or more children.

Equipment & Uniforms

All players on the field must wear soccer shoes and shin guards covered by socks. Acceptable soccer shoes include plastic molded cleats, standard length screw-in cleats, studded soccer shoes or soccer turf shoes (for hard, dry fields). The following shoes are specifically not permitted:

- All Tennis Shoes
- Baseball Shoes
- All Metal Studs
- Deep Cleated Mud Shoes
- All Metal Spike Shoes

Nets & Markers

Each teams is responsible for setting up one end of the field with nets and corner flags or cones.

Goal kick for U9 and U10 (new 2014/15)

All opposing players must stand on or behind the half line until the ball is kicked. ALL defending players (Team not taking the goal kick) MUST be behind the half way line on ALL goal kicks.

Blow Out Policy

In keeping with the recreational nature of our league, coaches are expected to prevent games from becoming extremely one sided. This means that when a team is ahead by 5 goals that team is expected to initiate methods that will make it more difficult to score. Methods might include: Adjust positions to give players the opportunity to play in different positions. Encourage players to shoot only from outside of the penalty box. If actions such as these do not limit scoring then the team that is losing the game may add a player or players to the field to even the game.

Comments to Players

Parents and coaches must refrain from yelling at individual players. Remarks should be limited to positive, and team oriented. Remember that the soccer game belongs to the players, not the coaches and parents.

Comments to Referees

Parents, coaches and players must refrain from making any negative or mean-spirited comments to or about the referees and assistant referees. If there is a perceived problem, please submit a written PYSA Game Evaluation via the PYSA website describing the event. Upon PYSA review you may be called to present your information in person. Remember that the referee is often a young high school student trying to do his or her best and that it is difficult to see every play out on the field. A question for all coaches and parents to consider is if that referee on the field was MY child, how would I treat them?

Sideline Commentary

Neither the referee nor the children should be subjected to negative comments from anyone. Remember that referees have a difficult job and provide a valuable service that contributes to a successful soccer season. PYSA requires all soccer participants to be treated with respect.

Ejection (Red Card)

Any player given a red card shall be disqualified from further play during the game AND shall receive a minimum subsequent one game suspension. No substitution may be made for a player receiving a red card. In PYSA games, coaches and spectators may also be given red cards. Coaches and spectators receiving a red card must leave the field surroundings (to an area that is not within ear shot of the field) immediately AND are prohibited from participating at the team's subsequent game.

Any player, coach or spectator who refuses the referee's request for his/her name, or gives a false name, while the referee is gathering data to report an infringement shall have an additional 1 game suspension added to the penalty levied.